

# Change Your Brain, Change Your Life

Neuroplasticity and Learning



*A presentation by:*

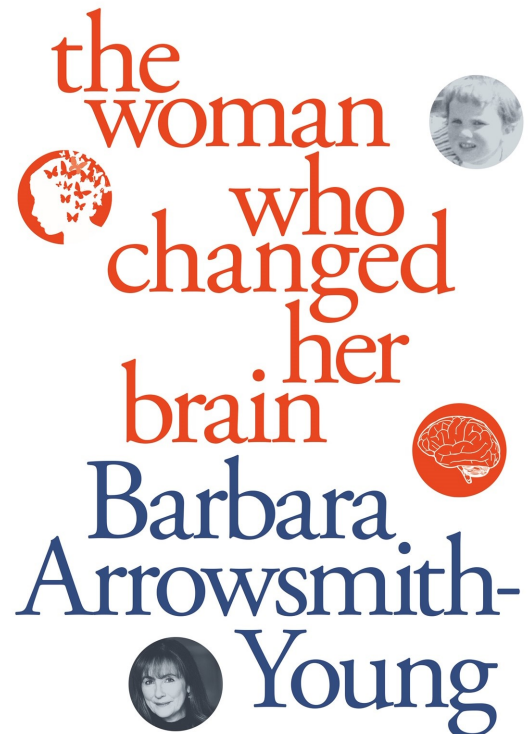
**Barbara Arrowsmith-Young,**  
Founder of the Arrowsmith Program  
Author of International Bestseller  
*The Woman Who Changed Her Brain*

Barbara Arrowsmith-Young is recognized as a pioneer, as the creator of one of the first applications utilizing the principles of neuroplasticity to overcome learning disabilities.

## Why Attend?

- ✓ Learn how learning difficulties do not need to be lifelong
- ✓ Find out about Barbara's journey of discovery, the lines of research she combined and the outcomes achieved over 40 years
- ✓ Appreciate the range of cognitive 'glitches' leading to learning challenges
- ✓ Understand the principles of neuroplasticity and the factors leading to brain change
- ✓ Get an insight into the latest research into neuroplasticity, learning and Arrowsmith's innovative educational approach

THE INTERNATIONAL BESTSELLER



*How I Left My Learning Difficulties Behind  
and Other Stories of Cognitive Transformation*

## Event Details:

**Date:** January 23 2020

**Time:** 7.00–8.30pm

(Doors open at 6.30pm)

**Location:**

WE Global Learning Centre  
339 Queen St E,  
Toronto, ON M5A 1S9



Register here for  
this free event