

South Christchurch Community Trust Hosts an Evening with Barbara Arrowsmith-Young

Changing Brains, Exploring a New Reality

Neuroplasticity and Learning



A presentation by:

Barbara Arrowsmith-Young,
Founder of the Arrowsmith Program
Author of the International Bestseller
The Woman Who Changed Her Brain

Barbara Arrowsmith-Young is recognized as a pioneer, as the creator of one of the first applications utilizing the principles of neuroplasticity to overcome learning disabilities.

‘Barbara’s story...is truly heroic, on par with the achievements of Helen Keller.’ *Norman Doidge, M.D.*, author of *The Brain That Changes Itself*

‘It will open your mind to new possibilities on how to deal with ‘traffic jams’ in the brain.’ *Alvaro Fernandez, Sharp Brains*

‘Arrowsmith-Young explains some of the most complex neurological concepts in a personal and breathtakingly simple way.’ *Sarah Barmak, Globe and Mail*

Why Attend?

- ✓ Find out about Barbara’s journey of discovery, the lines of research she combined and the outcomes achieved over 40 years
- ✓ Appreciate the range of cognitive ‘glitches’ leading to learning challenges and begin to see behaviour through a cognitive lens
- ✓ Learn how learning difficulties do not need to be lifelong
- ✓ Get insight into the principles of neuroplasticity and the factors leading to brain change
- ✓ Hear about the latest research into neuroplasticity, learning and Arrowsmith’s innovative educational approach



Event Details:

Date: February 28, 2020

Time: 7:00 - 8:30pm
followed by book signing

Location: The Village
Community Centre
365A Ilam Road,
Bryndwr, Christchurch



Register here
for this event